

GERMS are everywhere.

WASH YOUR HANDS.

Washing your hands properly and thoroughly helps stop the spread of common illnesses and keeps you and your loved ones healthy!



1 USE SOAP AND WATER.

Wet your hands and apply a generous amount of soap.



2 LATHER, SCRUB, RINSE.

Wash hands completely including palms, in between fingers, under nails, and the back of hands and wrists.



3 DRY COMPLETELY.

Use a paper towel to dry your hands thoroughly and to turn off the faucet.

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